







# 35 \*Annual Conference of Indian Psychiatric Society-Karnataka Chapter

#### Theme:

Psychiatry Redefined: Novel Interventions

#### Venue:

Chikkamagaluru Institute of Medical Sciences Chikkamagaluru



## Chikkamagaluru



Chikkmagaluru: Nature's Retreat with a Colonial Charm and Indian Soul

Chikkamagaluru, meaning "Younger Daughter's Town" in Kannada, is a picturesque hill station in Karnataka, steeped in legend. As the story goes, this serene town was once gifted as a dowry to a local chieftain's younger daughter.

Nestled in the lush embrace of the Western Ghats, Chikkmagaluru is renowned for its rolling coffee plantations, mist-kissed mountains, and cascading waterfalls. But beyond its natural splendor lies a rich cultural heritage—a place where ancient Indian traditions meet colonial echoes, creating a uniquely layered experience.

The region is home to several sites of profound Indian historical and spiritual significance. Among them is Sringeri Sharada Peetham, established by Adi Shankaracharya in the 8th century, one of the four cardinal mathas of Advaita philosophy. Set along the banks of the Tunga River, this spiritual center radiates ancient wisdom and peace.

Not far from Chikkmagaluru town lies the Hoysaleswara Temple in Halebidu and the Chennakeshava Temple in Belur, masterpieces of Hoysala architecture. These intricately carved temples, with their detailed depictions of Hindu mythology, dancers, and divine figures, stand as a testament to the region's grandeur during the 12th century.

For nature lovers with a spiritual bent, Baba Budangiri is a must-visit. This mountain range is named after Baba Budan, a 17th-century Sufi saint who is believed to have brought coffee to India from Yemen. The cave shrine here is revered by both Hindus and Muslims, symbolizing the region's inclusive spirit.

While the misty hills and trails call to trekkers and wildlife enthusiasts, the town itself reflects its colonial past. Old British-era bungalows—now elegant homestays—line the hillsides, their wooden interiors and sprawling verandas echoing stories of the Raj. Iconic landmarks such as St. Joseph's Cathedral & the preserved administrative buildings subtly nod to this chapter of history.

Today, Chikkmagaluru invites travelers on a journey where the vibrant beauty of nature intertwines with the echoes of ancient dynasties and colonial elegance. Whether you're sipping freshly brewed coffee in a plantation estate or marveling at centuries-old stone carvings, every moment here is a graceful step back in time—into both India's soul and its layered past.

## Message from The President IPS-KC



Dear Members and Friends,

It is with great pleasure and heartfelt warmth that I welcome each one of you to the 35th Annual Conference of the Indian Psychiatric Society - Karnataka Chapter (KANCIPS 2025), to be held from 12th to 14th September 2025 in the serene and picturesque town of Chikkamagaluru.

KANCIPS has always stood as a platform to reflect, rethink, and reimagine the evolving frontiers of psychiatric practice, and this year's theme, "Psychiatry Redefined: Novel Interventions," could not be more timely. We are in an era where science, technology, and humanism must walk hand in hand, and this conference promises to be a confluence of ideas, innovation, and insightful dialogue.

The local organizing committee at Chikkamagaluru, with its hallmark hospitality and unwavering dedication, is working tirelessly to ensure that every aspect of the event—from scientific sessions to delegate experience—is curated with care and precision. The hills, the coffee, the heritage, and the hospitality of this region will surely leave you with memories beyond the academics.

We are particularly excited about the pre-conference sessions designed for our young postgraduates, and the opportunities for all members to participate in free paper and poster presentations, fostering scientific spirit and collaboration.

On behalf of the Indian Psychiatric Society - Karnataka Chapter, I extend a warm and cordial invitation to all delegates—senior members, faculty, postgraduates, and mental health professionals—to join us in Chikkamagaluru. Let this conference be a celebration of learning, fellowship, and the shared vision of advancing mental health care. With warm regards,

Looking forward to seeing you amidst the hills with coffee.

Prof. Dr. Somashekhar Bijjal President Indian Psychiatric Society - Karnataka Chapter

## Message from Organising Committee



Dear Esteemed Members, Colleagues and Students,

It gives us an immense pleasure to welcome you all to the 35th Annual Conference of the Indian Psychiatric Society - Karnataka Chapter (KANCIPS 2025), to be held from 12th to 14th September in the scenic town of Chikkamagaluru.

Set amidst the rolling hills and coffee estates of the Western Ghats, Chikkamagaluru offers a unique blend of natural beauty, cultural richness, and tranquil charm—an ideal location to recharge ourselves personally and professionally.

This year's theme, "Psychiatry Redefined: Novel Interventions," sets the stage for thought-provoking sessions, fresh perspectives, and engaging discussions that reflect the rapidly evolving landscape of mental health care. The pre-conference day on 12th September has been thoughtfully planned with postgraduate students in mind, and we're confident it will offer practical takeaways and inspiring interactions.

We encourage all delegates—faculty, practitioners, and students—to actively participate in the free scientific paper and poster presentations, and contribute to the academic vibrance of the conference.

Apart from the academic offerings, we invite you to savour Chikkamagaluru's local delicacies, including traditional Malnad cuisine and its world-famous filter coffee. We also encourage you to explore nearby gems like Mullayanagiri, Hebbe Falls, Hirekolale Lake, Kemmangundi, and the historic temples of Belur and Halebeedu—each offering a slice of Karnataka's heritage and natural beauty.

We are working hard to ensure that your time with us is meaningful, comfortable, and memorable in every way.

See you in Chikkamagaluru!

Warm regards,

Dr. Venkatesh K R

Organising Chairman KANCIPS 2025

Dr.Lokesh Babu

Organising Secretary
KANCIPS 2025

Dr.M Chandrashekar
Organising Treasurer
KANCIPS 2025

Dr. Vinay Kumar KS
Organising Joint Secretary
KANCIPS 2025

## Message from Scientific Committee



Dear Colleagues and Friends,

It gives us an immense pleasure to welcome you all to the 35th Annual National Conference of the Indian Psychiatric Society - Karnataka Chapter (KANCIPS 2025), to be held in the serene and scenic town of Chikkamagaluru from 12th to 14th September 2025.

This year's scientific theme, "Psychiatry Redefined: Novel Interventions," has been carefully curated to reflect the paradigm shifts that are currently shaping our field. With advances in neurobiology, psychopharmacology, technology, and therapy models, psychiatry stands on the threshold of a major transformation.

The conference will feature stimulating sessions on emerging topics such as:

Psychedelic-Assisted Psychotherapy
Ketamine vs. ECT in Treatment-Resistant Depression
Digital Psychiatry: Harnessing AI and VR
Mobile Apps in Personalized Mental Health Care
Non-Invasive Brain Stimulation (NIBS): Evidence and Utility
Ethical, Legal & Policy Implications of Novel Therapies
Consciousness, Molecules, and the Psychedelic Mind

We are also pleased to announce free paper and poster presentations for delegates, providing a platform to share your research, ideas, and innovations. Additionally, there will be an Award Paper Category exclusively for Postgraduate Students, the details of which will be communicated through the IPS-KC office shortly.

We are especially excited about our Pre-conference day on 12th September 2025, which is dedicated to enhancing the academic and clinical competencies of our postgraduates

9:30 AM to 1:30 PM - Hands-on OSCE Workshop in Psychiatry 2:30 PM to 5:00 PM - "Writing and Publishing Scientific Papers: A Primer", conducted by the editorial team of our very own Journal of Psychiatry Spectrum, IPS-KC.

We invite all delegates—students, academicians, clinicians, and researchers—to participate enthusiastically in the scientific deliberations, contribute with your insights, and take home new perspectives and practical tools for your professional journey.

Looking forward to welcoming you in Chikkamagaluru for a vibrant and intellectually enriching experience amidst nature's tranquility.

Thanks and warm regards,

Dr.Ravindra Munoli
Chairperson
Scientific Committee,
KANCIPS 2025

Dr.Pavithra N
Convener
Scientific Committee,
KANCIPS 2025

Dr. Annapoorna R

Member

Scientific Committee,

KANCIPS 2025



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#### Indian Psychiatric Society - Karnataka Chapter Office Bearers - 2025-26





Dr Somashekhar Bijjal President



Dr Anil Kumar M N President-Elect



Dr Narayan R Mutalik Hon. Secretary



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## Organizing Committee



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DIMHANS Dharwad

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Medical Superintendent, AMGH,Chikkamagaluru

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RMO AMGH CIMS,Chikkamagaluru

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DD,DHS Bengaluru

#### Dr. Balakrishna BT

DLO Chikkamagaluru

## Organising Committee



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Organising Secretary

Dr.Lokesh Babu

Organising Treasurer

Dr. M Chandrashekar

Organising Joint Secretary

Dr. Vinay Kumar K.S

#### Scientific Committee

Chairman

Dr. Ravindra Munoli

**Convener**Dr. Pavithra N

Member

Dr. Annapoorna R

## Registration & Reception Committee

Dr. M Chandrashekar Dr. Pavithra N Dr. Annapoorna R Mr. Jayanna S.H M.r Gautam

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Dr. Geeta Venkatesh Dr. M Chandrashekar Dr. Chetana N R Dr. Satish H P Mrs. Usha

#### Cultural Committee

Dr. Srinivasa Murthy. K.
Dr. Geeta Venkatesh
Dr. Pavithra N
Mrs. Ramyashree D.C
Mrs. Poornima H.S
Ms. Divya

#### Souvenir Committee

Dr. Pavithra N Dr. Vinay Kumar K.S Dr. Annapoorna R Mr. Jayanna S.H Ms Divya

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Dr. Prathap Kumar J
Dr. Chethana N R
Mrs. Poornima H.S
Mr. Jayanna S.H
Mr. Venkatesh
Mrs. Sakamma

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Dr. Vinaykumar K.S Dr. Satish H P Mr. Naveen Kumar Mrs. Usha Mr. Prabhakar

#### IPSKC Scientific Committee

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Dr. Samir Kumar Praharaj

Dr.Raghavendra B Nayak

## Organizing Committee





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Dr. Ashwath Babu HS



Dr.Mohan Kumar C



Mr. Paramesh H S



Dr.Lohith Kumar



Dr.Balkrishna BT



Dr.Kalpana B



Dr. Venkatesh K R



Dr.Lokesh Babu



Dr.M Chandrashekhar



Dr. Vinay Kumar KS



Dr.Ravindra Munoli



Dr. Annapoorna R



Dr.Pavitra N



Dr.Geeta Venkatesh



Dr.Prathap Kumar J



Dr. Srinivasa Murthy. K.



Dr.Chetana N R



Mrs.Ramyashree D C



Mrs.Poornima H S



Mr.Jayanna S H



Mr.Naveen Kumar



Dr.Satish H P



Ms.Divya



Mrs.Usha K P



Mrs.Sakamma



Mr. Venkatesh



Mr.Prabhakar

## Registration details



Category	Early Bird Registration (20/04/2025 to	Regular Registration (01/06/2025 to	Late Registration (16/07/2025 to	Spot Registration (16/08/2025 onwards			
	31/05/2025)	15/07/2025)	15/08/2025)	till conference day)			
Senior IPS-KC Members (> 65 Years )	Complimentary	2000	3000	5000			
IPS-KC Members	6600	7700	8800	9999			
IPS-KC Non-Members	7500	8500	9500	11100			
PG Students IPS-KC Members	2100	3200	4300	5400			
PG Students IPS Members	3100	4100	5100	6100			
PG Students Non IPS Members	5900	6900	7900	8900			
OTHER MH PROFESSIONALS (CLINICAL PSYCHOLOGY/PSW/PSY NURSING)	4500	5000	5500	6000			
OTHER MHP STUDENTS (CLINICAL PSYCHOLOGY/PSW/PSY NURSING)	3500	4000	4500	5000			
Accompanying Members	3500	4500	5500	6500			
Corporate Delegates	12000	14000	16000	18000			

- 1. Registration fee is in INR includes 18 % of GST.
- 2. Registration fee covers delegate kit, access and participation to academic sessions (excluding pre conference workshops) and hospitality.
- 3. Cancellation policy: The registered delegates can cancel their registration subject to the following conditions.
  - a.18 % GST will be deducted for the total registration fees and which will not be reimbursed.
  - **b**.Up to 15/07/2025, excluding GST, 75% of the registration amount will be returned.
  - c. Up to 15/08/2025, excluding GST, 50% of the registration amount will be returned.
  - d. After 16<sup>th</sup> August 2025 no cancellation.
- 4. There will be separate registration charges of Rs. 250/- per workshop along with the KANCIPS registration charges.
- 5.Both need to be paid separately which includes access to all the pre-conference workshops, working lunch, high tea and participation certificates.
- 6. The entry for each preconference workshop will be limited to 50 participants only.
- 7.Both KANCIPS & Pre conference registrations have to be paid separately.

Account Name :- INDIAN PSYCHIATRIC SOCIETY KARNATAKA CHAPTER

Current Account No :- 120033942958

Name of Bank :- CANARA BANK

Branch Name & Address :- Canara bank Main Branch,

Chikkamagaluru- 577 101, Karnataka

RTGS/NEFT - IFSC :-CNRB0000507



## Registration form







## 35th ANNUAL CONFERENCE OF IPS - KC

Chikkamagaluru Institute of Medical Sciences.

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Middle Name																									
*Last Name																									
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Membership No	(IP	5)																							
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Complementary Registration for all Children below 10 years

Click here for registration WWW.kancips2025.in

#### For any correspondence or information

Mr. Gautam Rampur +91 7349599645

Email Address: Kancips2025ckm@gmail.com

Website: www.kancips2025.in

#### Conference Secretariat KANCIPS2025

ConferenceSecretariat KANCIPS2025 Dr. Indira Memorial Clinic, Joythinagar Karnataka 577101 +91 9448555155

#### **Important Contacts**

#### Organising Chairperson

Dr. Venkatesh K R 99807 72327

#### Organizing Joint Secretary

Dr. Vinay Kumar KS 7026692638

#### Organising Secretary

Dr. Lokesh Babu 9900217078

#### Organizing Treasurer

Dr M Chandrashekar 94487 40871

#### Award



#### Dr. H.S. Subrahmanyam Memorial (Best PG Paper) Award Paper Presentation

#### Rules

- 1. Prior Registration is mandatory for scientific presentations.
- 2. Membership to the IPSKC, IPSSZB & IPS is mandatory.
- 3. For post graduates also IPS, IPSSZB and IPSKC membership is mandatory.
- 4. Those who have applied for membership and not yet received the confirmation have to produce valid documents pertaining to the memberships of above societies.
- 5. If not a member, we will help you in applying for memberships to the societies, for which contact Dr Somshekhar Bijjal: +91 94483 33173 before 31/05/2025.
- 6. Along with the paper, the student has to enclose the pdf copy of bonafied certificate from the department/institute head.
- 7.Original research work carried over in the last 2 years by the post graduate student will be considered for award paper presentations. The abstract shall be in the following format: Title, Background/Introduction, Methodology, Results & Conclusions.
- 8. Abstracts previously presented or published in any format either in any state/zonal/national/international CME/Conferences / journals are not permitted.
- 9. The scientific committee will review the abstract and those suitable for awards will be sent to the IPSKC EC and award committee for consideration. Those best 8 papers accepted by the award committee will be allowed for podium presentations.
- 10. There will be independent assessment of the manuscript by 3 judges and assessment of the oral presentation during KANCIPS by 3 other judges.
- 11. Evaluated before presentation for 60 marks (design, methodology, analysis, discussion, references, clarity of paper) by 3 jurors and during presentation at KANCIPS for 40 marks (clarity, use of audio-video aids, responding to questions in audience, overall time and presentation) by 3 other jurors.
- 12. The right of selection of abstract lies with the scientific committee and it has right to reject without any prior intimation or explanation
- 13. Acceptance will be communicated 20 days prior to the conference (Only to those who have registered for KANCIPS).
- 14. The accepted papers need to be sent by mail in PPT and PDF format (maximum 10 slides) 7 days before the conference, save the file in PPT format with title, your name, KANCIPS 2025 without any special characteristics with a size of less than 5mb.
- 15. The student needs to carry the same in a pen drive also on the day of presentation.
- 16. The PPT must be with light background with dark and readable fonts (more than 20 size either with Ariel, Calibri or Times New Roman) with minimum animations.
- 17. Avoid animated images, videos or hyperlinks in the slides.
- 18. Use good quality images with more than 200 dpi resolutions.
- 19. Tables need to be created rather than pasting them as images.
- 20. Time allotted for oral presentation is 7 minutes and 3 minutes for discussions.
- 21. During podium presentations the paper will be evaluated by 3 anonymous judges.
- 22.All presenters will get participation certificates.
- 23. The best paper will be honored with certificates and Rs. 5000/- cash prize and will be nominated to IPSSZB annual conference IPSOCON 2025 for participation in Dr DS Raju Memorial Award Paper category,  $2^{nd}$  class non AC train expenses from the place of college / institute where student is studying to the place of IPSOCON will be paid to the presenter after participation in IPSCON 2025 towards travel expenses. The expenses towards registration to IPSOCON and accommodation has to be borne by the candidate only.
- 24. For more details kindly contact Dr Ravindra Munoli: +918660136822 and Dr Narayan Mutalik: +919945843737 +919901621771
- 25.Abstract of the scientific paper (250 words) & Full paper (Four sets of hard copies) has to be submitted before 4 pm of 31<sup>st</sup> July 2025 to the Hon. Secretary IPS (KC) along with proof of registration to the KANCIPS 2025, bonafied certificate and a brief biographical sketch of the presenter.

#### Address:

Dr. Narayan Mutalik Professor & Head Department of Psychiatry

S Nijalingappa Medical College & HSK Hospital Navanagar, Bagalkote – 587101

E-mail the soft copy (PDF) to: ipskcoffice@gmail.com

## Oral Scientific Paper Presentation



#### Rules

- 1. Prior Registration is mandatory for scientific presentations.
- 2. Membership to the IPSKC, IPSSZB & IPS is mandatory.
- 3. For post graduates also IPS, IPSSZB and IPSKC membership is mandatory.
- 4. Those who have applied for membership and not yet received the confirmation have to produce valid documents pertaining to the memberships of above societies.
- 5. If not a member, we will help you in applying for memberships to the societies, for which contact Dr Somshekhar Bijjal: +91 94483 33173 before 31/05/2025.
- 6. Along with the paper, the student has to enclose the pdf copy of bonafied certificate from the department/institute head.
- 7.Abstract of the scientific paper (250 words) has to be submitted before 5 pm of 14/08/2025 to the <a href="mailto:kancips2025ckm@gmail.com">kancips2025ckm@gmail.com</a> along with the details of the presenters like, name, mobile, e mail id, institute and registration details.
- 8.Original research work will be considered for oral presentations. The abstract shall be in the following format: Title, Background/Introduction, Methodology, Results & Conclusions.
- 9. Abstracts previously presented or published in any format either in any state/zonal/national/international CME/Conferences / journals are not permitted.
- 10. The scientific committee will review the abstract and acceptance will be communicated 10 days prior to the conference (Only to those who have registered for KANCIPS).
- 11. The right of selection of abstract lies with the scientific committee and it has right to reject without providing any intimations/reasons.
- 12. The accepted papers need to be sent by mail in PPT format (maximum 10 slides) 7 days before the conference, Save the file in PPT format named as: 'Title\_YourName\_KANCIPS2025 without any special characteristics with a size of less than 5mb.
- 13. The student needs to carry the same in a pen drive also on the day of presentation.
- 14. The PPT must be with light background with dark and readable fonts (more than 20 size either with Ariel, Calibri or Times New Roman) with minimum animations.
- 15. Avoid animated images, videos or hyperlinks in the slides.
- 16. Use good quality images with more than 200 dpi resolutions.
- 17. Tables need to be created rather than pasting them as images.
- 18. Time allotted for oral presentation is 6 minutes and 2 minutes for discussions.
- 19.All presentations will get participation certificates and the best 3 papers will be honored with certificates and prize.
- 20. For more details kindly contact Dr Pavithra N: +91 8892869013.

#### E-Poster Presentation



#### Rules

- 1.Prior Registration is mandatory for scientific presentations.
- 2. Membership to the IPSKC, IPSSZB & IPS is mandatory.
- 3. For post graduates also IPS, IPSSZB and IPSKC membership is mandatory.
- 4. Those who have applied for membership and not yet received the confirmation have to produce valid documents pertaining to the memberships of above societies.
- 5.If not a member,we will help you in applying for memberships to the societies, for which contact Dr Somshekhar Bijjal: +91 94483 33173 before 31/05/2025.
- Prior Registration is mandatory for e-poster presentations.
- 6. Along with the e-poster, the student has to enclose the pdf copy of bonafied certificate from the department/institute head.
- 7.Abstract of the e-poster (200 words) has to be submitted before 5 pm of 14/08/2025 to the <a href="kancips2025ckm@gmail.com">kancips2025ckm@gmail.com</a> along with the details of the presenters like, name, mobile, e mail id, institute and registration details.
- 8.Only case reports & case series will be considered for E-posters. The abstract shall be in the following format: Title, Background/Introduction, Methodology, Results & Conclusions.
- 9. Abstracts previously presented or published in any format either in any state/zonal /national/international CME/Conferences / journals are not permitted.
- 10. The scientific committee will review the abstract and acceptance will be communicated 7 days prior to the conference.
- 11. The right of selection of e-poster abstract lies with the scientific committee and it has right to reject without providing any intimations/reasons.
- 12. The accepted e-posters need to be created one page image (jpg/png) and one slide ppt.
- 13. The PPT/image must be with readable font and contrast background (more than 12 size either with Ariel, Calibri or Times New Roman).
- 14. Orientation has to be landscape layout with size of 16\*9 for your slide in power point.
- 15. Avoid animated images, videos or hyperlinks in the slides.
- 16. Use good quality images with more than 200 dpi resolutions.
- 17. Tables /graphs need to be created rather than pasting them as images.
- 18.Use the e-poster template which has been provided in the IPSKC website https://ipskc.com/
- 19. The e-poster need to be sent by mail in PPT format (single slides) and jpj image file 5 days before the conference, save the file with title, your name, KANCIPS 2025 without any special characteristics with a size of less than 5mb.
- 20. The student needs to carry the same in a pen drive also on the day of presentation.
- 21. Time allotted for e-poster presentation is 3 minutes and 2 minutes for discussions.
- 22.All presentations will get participation certificates and the best 3 posters will be honored with certificates and prize.
- 23. For more details kindly contact Dr Annapoorna R: +91 94836 25822.

## Explore Chikkamagaluru





Mullayanagiri



Sri Annapurneshwari Temple, Horanadu



Hoysaleshwara Temple



Sringeri Shree Sharadambe Devi Temple



Hebbe Falls



Coffee Plantation



Chikkmagaluru, known as the "Coffee Cradle of India," is renowned for its high-quality coffee.

## Explore Chikkamagaluru





Baba Budangiri



Kuduremukh



Kallathigiri falls



Bhadra worldlife Sanctuary



Venue for Banquet